



**Job Vacancy:** Health & Wellbeing Development Officer

**Salary & Benefits:** Competitive

**Hours Required:** Permanent Contract 37.5 hours per week (includes evenings and weekends]

**Reporting to:** Newcastle Rugby Foundation Operations and Delivery Manager

**Based at:** Kingston Park Stadium, Newcastle upon Tyne (the majority of the work will be community based)

Newcastle Rugby Foundation is the official charitable arm of Newcastle Falcons and Newcastle Thunder professional rugby teams. Our purpose is to make rugby the positive difference that changes lives for good.

**Purpose of the role:**

- To develop & deliver rugby themed wellbeing programmes to community users from a wide variety of backgrounds to provide a positive experience of the physical activity.
- To develop key partnerships and networks in the health and wellbeing sector.
- To work in a team to help deliver the over-arching purpose of the Newcastle Rugby Foundation to the highest standard.
- To contribute to the Newcastle Rugby Foundation's overarching purpose and impact measurements (Boost wellbeing, Grow skills, Raise involvement, Build belonging)

**Key responsibilities as part of this role include:**

- Deliver a variety of wellbeing rugby themed programmes to families, community groups, schools and rugby clubs.
- Develop and deliver a Newcastle Rugby Foundation community wellbeing offer including Falcons Fit, Walking Rugby, Mixed Ability Rugby, Touch rugby, Run/walk groups and match day activations.
- Develop relationships with local organisations & clubs to develop a wellbeing offer.
- Promote and deliver community healthy lifestyle activity programmes across the region.
- Support the delivery of a wellbeing CPD programme for coaches, teachers, and volunteers.
- Promote Newcastle Rugby Foundation within the community.
- Develop partnerships with key organisations and stakeholders to promote and enhance the wellbeing work of Newcastle Rugby Foundation.
- Assist the Operations and Delivery Manager in preparing and submitting reports.
- Ensure all monitoring and evaluation administrative tasks are completed promptly via Upshot.
- In addition to the duties which this job normally entails the employee may from time to time be required to undertake reasonable additional or other duties for the benefit of the Newcastle Rugby Foundation.
- Utilise match day experiences as method to promote and engage participants.

**Key performance indicators:**

- Number of participants engaged in a wellbeing offer within the criteria set out by programme managers.
- Increase in physical activity levels of participants on our wellbeing programmes.
- Improved mental wellbeing levels of participants on our wellbeing programmes.
- Establishment of our NRF wellbeing programme.
- Quality of wellbeing programme delivery and management
- Contribution to the NRF overarching impact measurement results via Upshot monitoring & evaluation system

### **Essential requirements:**

- Ability to gain Enhanced DBS clearance (RFU)
- A current and accredited Level 2 gym instructor qualification (or equivalent)
- Experience of delivering physical activity / wellbeing sessions to participants with a wide variety of backgrounds, ages and ability levels.
- Understanding of current local health needs and inequalities in the North East.
- Strong understanding of up to date health and wellbeing government issues.
- England Rugby Coaching Award/RFU Level 2 or higher or desire to work towards this.
- Current UK Driving License & access to a car
- Ability and willingness to work evenings and/or weekends (average 2-3 per week)
- An understanding of and commitment to equality and diversity and safeguarding
- Share Newcastle Rugby Foundation's Rugby+ values
  - POSITIVE ENERGY
  - LET'S MAKE CONNECTIONS
  - UP FOR A CHALLENGE
  - SUPPORTIVE AND CARING

### **Desirable**

- Level 3 Personal Training (referral)
- Mental Health Qualification
- First aid qualification
- Experience in community development work in any sport/physical activity setting
- Physical activity industry qualifications
- Experience of working with people from a diverse background, vulnerable adults or people with health inequalities
- Knowledge of local and national rugby initiatives.

### **People dimensions:**

- Excellent communication skills.
- Excellent organisation skills with an ability to manage your own workload.
- Ability to create relationships with stakeholders and promote the services of the NRF.
- Ability to work to a flexible schedule including evenings and weekends.
- Self-motivated, enthusiastic and honest personal attributes.
- Ability to make decisions and use own initiative.
- Comfortable in a team environment and motivated to work independently

### **Safeguarding**

- Newcastle Rugby Foundation take safeguarding very seriously and is committed to ensuring that all children and adults at risk are safeguarded at all times when engaging in club activities or services. The Foundation has numerous safeguarding policies and best practice guidelines to support this and expects all employees to adopt such policies and practices at all times.
- The organisations adhere to strict guidelines, policies and procedures when recruiting staff who work with children and/or adults at risk and is committed to ensuring staff receive appropriate safeguarding training suitable to their role/s. Successful applicants are expected to share the foundation's approach to safeguarding at all times.



### **Equal Opportunities**

- The post holder's duties must be carried out in compliance with the Club's Equal Opportunities Policy, with the Health and Safety at Work Act 1974 and subsequent Health and Safety Legislation.
- Newcastle Rugby Foundation are an equal opportunities employer, all applicants for employment will be given equal opportunities irrespective of sex, age, race, religion or belief, marriage or civil partnership, disability, sexual orientation, gender reassignment, pregnancy or maternity, ethnic or national origin.
- These duties and responsibilities should be regarded as neither exclusive nor exhaustive and the post holder may be required to undertake other reasonably determined duties and responsibilities within Newcastle Rugby Foundation, commensurate with the post without changing the character of the post. This post requires an enhanced Disclosure & Barring Service (DBS). This post is exempt from the Rehabilitation of Offenders Act (1974). Information on all convictions including spent convictions must be declared, in line with the new Government Filtering System. If you wish to see our Candidate Privacy Notice [click here](#).
- Employment is subject to: satisfactory professional references, the provision of proof of eligibility to work in the UK as well as a successfully cleared enhanced Disclosure & Barring Service (DBS) check and clearance of RFU safer recruitment procedure.

***For an application form or more information please email [darren.greco@newcastle-falcons.co.uk](mailto:darren.greco@newcastle-falcons.co.uk)***

***We will accept no applications after 5pm on Friday 18th October 2024.***

***Interviews will take place week commencing 28 October 2024.***